

Inyungu ziboneka mukumira imiti igabanya ubukana bw'agakooko gateera silimu ukurikijye inaama y'umuvuuzi.

- Ukombeza kuba muzima ukaganira ubuzima bwiiza
- Uhoran'imbaraga bikagushoboza gukora neeza imirimo yaawe.
- Ushobora guteguura ejo hazaza hawe.
- Ushobora kubyaara umwaana udafite agakooko gateera silimu.

Ingaruka mbi ziboneka mukutamira imiti igabanya ubukana bw'agakooko gateera silimu ukurikijye inaama y'umuvuuzi:

- Uhora urwaragurika umubiri wawe ukagabanyuka imbaraga
- Agakooko gateera silimu kagira imbaraga zo kwikingira imiti ikarwanya
- Ntiwigera ugira imibereho myiiza Ushobora no gupfa.

UMEZ'UTE?

A woman in a pink polka-dot dress and orange headwrap holds a glass of water. A man in a blue shirt and brown pants sits next to her, gesturing with his hands as if speaking. In the background, there's a clock showing approximately 10:10 and some household items. A speech bubble from the man says "Ngushimiye uko unyitaho."

NI BYIIZA KO ABAKUNDANYE BAKOMEZANYA
Mpora nibutsa umukunzi wanje kumira imiti igabanya
ubukana bw'agakooko gateera silimu nk'uko
byategetswe n'umuvuuzi.

ITE KUBUZIMA BWAWE.
MIRA IMITI YAWE IGABANYA UBUKANA BW'AGAKOOKO GATEERA SILIMU.

UMEZ'UTE?

2



Igihe umira imiti igabanya ubukana bw'agakooko gateera silimu, ibuka kuyimirira igihe nkuko wategetswe n'umuvuuzi.



Igihe watangiye kumira imiti igabanya ubukana bw'agakooko gateera silimu, uhore wibuka gusubira ku vuuriro bakongere indi miti.

2



Washyira mukaaga ubuzima bwaawe umize imiti igabanya ubukana bw'agakooko gateera silimu udakurikijye uko wategetswe n'umuvuuzi.

3



Umize imiti igabanya ubukana bw'agakooko gateera silimu ukurikijye inama y'umuvuuzi, bituma uhorana ubuzima bwiiza ugakora n'imrimo yaawe ntakibazo.



Hagize ingaruka mbi ugira biturutse k'ukumira imiti igabanya ubukana bw'agakooko gateera silimu, subira kw'ivuuriro ufashwe n'umuvuuzi wabyigye.

3



Iyo umira imiti igabanya ubukana bw'agakooko gateera silimu, uhore uyimira ukurikijye inama ugiriwe n'umuvuuzi. Udategereza kubanza kurwara

ITE KUBUZIMA BWAWE. MIRA IMITI YAWE IGABANYA UBUKANA BW'AGAKOOKO GATEERA SILIMU.